

**ARNOLD'S BEAUTY SCHOOL  
PROGRAM OBJECTIVE AND INSTRUCTIONAL CONTENT PLAN**

As stated in the Mission Statement and Objective, Arnold's Beauty School is dedicated to educating quality students with the fundamental knowledge to meet the present and future needs of the industry. Arnold's Beauty School offers a single program, Cosmetology.

The program plan includes completion of theory tests, practical sheets, attendance in classes, salon days, competitions and State Board practice. All classes take place within school theory classrooms and clinical areas. The cosmetology program content is mandated by the Tennessee State Board of Cosmetology. The school uses the Milady Standard Textbook of Cosmetology and incorporates the revised editions as they come available.

The Assistant Director implements industry updates, including techniques, new products, sanitation updates, law, etc. Outside educators are scheduled on a regular basis and media resources are utilized with staff and student input.

Upon successful completion of the course, the graduate must pass the Tennessee Cosmetology Exam to become licensed to work as a Cosmetologist in Tennessee.

**COSMETOLOGY CURRICULUM**

Cosmetology is the practice of arranging, dressing, curling, waving, cleansing, cutting, singeing, bleaching, coloring or similar work upon the hair of any person by any means; caring and servicing of wigs and hair pieces; manicuring; massing, cleansing, stimulating, manipulating, exercising, beautifying or similar work upon the hands, arms, face, neck or feet with hands or by the use of cosmetic preparations, antiseptics, tonics, lotions or creams; placing or applying false eyelashes; and, giving facials, applying makeup, giving skin care or removing superfluous hair by tweezing, depilatories or waxing.

**GENERAL INFORMATION**

**Description**

Cosmetology encompasses areas of hairstyling, nail technology and skin care.

**Expectations and Goals**

The student will develop technical abilities and professional qualities; learn techniques related to current products, equipment and trends; and fulfill the requirements of the Tennessee Cosmetology and Barber Examiners.

**COURSE MATERIALS**

- Milady Standard Textbook of Cosmetology
- Milady Exam Review
- Beginner Practical Kit
- Senior Practical Kit

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**COSMETOLOGY COURSE OUTLINE**

**Orientation**

1. History and Career Opportunities
2. Life Skills
3. Professional Image
4. Communication

**General Sciences:**

1. Infection Control
2. General Anatomy and Physiology
3. Skin Structure and Growth
4. Skin Disorders and Diseases
5. Nail Structures and Growth
6. Nail Disorders and Diseases
7. Properties of the Hair and Scalp
8. Basics of Chemistry
9. Basics of Electricity

**Hair Care:**

1. Principles of Hair Design
2. Scalp Care, Shampooing and Conditioning
3. Haircutting
4. Hairstyling
5. Braiding and Extensions
6. Wigs and Hair Pieces
7. Chemical Texture Services
8. Haircoloring

**Nail Care:**

1. Manicuring
2. Pedicuring
3. Nail Tips and Wraps
4. Monomer Liquid and Polymer Powder Nail Enhancements
5. Ultra Violet Gels

**Business Skills:**

1. Seeking Employment
2. On the Job
3. Salon Business
4. Tennessee State Law, Rules and Regulations

**Clock Hour Appropriation:** General-300 hours, Physical- 600 hours, Chemical-600 hours

**GROUP 1: FRESHMAN**

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**Orientation** - When new students start to school they go through orientation one week prior to starting school. During this time, they are told the rules of the school and what is expected of them along with an overview of the curriculum. The students tour the school, meet the instructors and are able to ask questions prior to the first day of classes.

**Class Schedule** – Theory classes begin at 8:15am and end at 9:00am. Students are given a 15-minute break before beginning the practical portion of their school work. Lunch is taken from 12-1pm unless otherwise advised. After lunch, they will have 1-2 hours of theory class followed by practical work the remainder of the day. The instructor in charge may at times show a Cosmetology DVD, have additional theory classes, or do other activities with them.

**Curriculum** - The students will study chapters that introduce them to the field and cover the basics of Cosmetology. Students will study Chapters 1-5, 14-17, 21-26 and be introduced to all practical procedures. The students will also be given a beginner kit and textbooks at this time.

**GROUP 2: INTERMEDIATE**

**Class Schedule** – After students have completed the curriculum requirements for the Freshman Class, they will move into Group 2. Theory classes begin at 8:15am and end at 9:00am Monday - Thursday. Friday we begin practical work at 8:15am. Students are given a 15 minute break before beginning the practical portion of their school work. Lunches will alternate from 11am-12pm and 12-1pm.

The students will begin working on Weekly and Monthly Task Sheets as assigned by the Supervisor of Instruction. The students will also begin to work on the clinic floor on customers. The requirements for the practical sheets may be performed on customers, students and/or manikins. Additional classes will be scheduled as needed.

**Curriculum** - During this time, the students will complete Chapters 6-8, 18-20. The students will be given an advanced kit at 500 hours to help prepare them for working on clients.

**GROUP 3: SENIOR**

**Class Schedule**- Theory classes begin at 8:15am and end at 9:00am. Monday – Thursday students are given a 15 minute break before beginning the practical portion of their school work. Lunches will alternate from 11am-12pm and 12-1pm. Students will still be responsible for completing tasks on their Weekly and Monthly Practical Sheets. The requirements for the practical sheets may be performed on customers, students or manikins. Classes will also be periodically scheduled including advanced haircoloring, haircutting, State Board review, State Board laws, and mock State Board.

**Curriculum** – Students will study the remainder of the Chapter 9-13, 27-32.

**GRADUATION**

Upon completion of 1500 hours and curriculum testing, students will have the option to invite friends and family to a graduation ceremony. Before receiving a diploma, Students will fill out all paper work and be reminded of the process required to apply for the State Board test. Students will be counseled on their obligation to pay back Student Loans, if applicable, and the next step in their career. Students are

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given a State Board Kit in preparation of their State Board Licensure Exam. Follow ups will be performed within 6-12 months of graduation.